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### **DIRECTIONS TO PORTHCOTHAN**

M5 or A30 to south side of Exeter then take the A30 Okehampton road which is nearly all dual carriage way now.

#### **EITHER 1. If taking the B3274 to Padstow from the A30**

Keep on the A30 passing around the south side of Bodmin, until you reach The Victoria Interchange, signed Victoria and Roche. At the 1<sup>st</sup> roundabout off the A30 follow Victoria again and continue on before taking a right turn onto the B3274 towards Padstow. This is a rather narrow winding road going through Tregonetha and leads to Winnards Perch roundabout where the B3274 crosses the A39. Continue on the B3274 towards Padstow, taking the second turning left (after nearly 4 miles) signposted St Merryn. After another mile, go straight across at a slightly staggered crossroads.

#### **OR 2. If taking the A39 from Wadebridge and the Wadebridge bypass**

Leave A30 into Bodmin and follow Wadebridge road. On the outskirts of Wadebridge keep on the bypass and take second exit from the roundabout signposted Newquay/Truro. After passing over the river on the bridge keep on the A39 for about 2 mile then take the right hand turn signposted to Padstow (A389). Proceed through St Issey and Little Petherick until you reach a T-junction. Turn left and follow this road for over a mile, after which turn right following a signpost for St Merryn. After another mile, go straight across at a slightly staggered crossroads.

THEN

Continue along this road passing Point Curlew on your left and St Merryn Holiday Village on your right. At the next sharp bend take the left turn signposted Treyarnon Bay. There are two right angled bends so beware - then after approximately a mile there is a T-junction where you turn LEFT (St Merryn is right). Continue along this road for about 1.5 miles until you reach the Tredrea Inn on your left.

For Carnavis Cottage – PL28 8PN – turn right opposite the Tredrea Inn (before going down the hill to Porthcothan). Go past Berryfields on the right, and Carnavis Cottage can be found on the right. This road goes on to Treyarnon (Trethias, south side), Treyarnon village (north side of the Bay) and further on to Constantine if you should come this way.

For Wings – PL28 8LP - continue on past the Tredrea on your left, then down the hill, over a narrow bridge into Porthcothan. Take the left (opposite the beach café and phone box), and follow past the beach car park along the un-made road. Wings can be found near the end of the lane on the right.

For Treparyl – PL28 8LR – continue on past the Tredrea on your left, then down the hill, over a narrow bridge into Porthcothan. Continue up the hill the other side and very soon turn right up a lane that runs along above the beach on the south side. Treparyl is half-way along on the right.

For Trevethan House – PL28 8LW – continue on past the Tredrea on your left, then down the hill, over a narrow bridge into Porthcothan. Continue up the hill the other side and about half way up on the left is the entrance gate to Trevethan House. The gateway is not very wide so please take care coming in and out.

For Sunset – PL28 8LS – follow on past Trevethan House on the left as you come up the hill out of Porthcothan towards Newquay. Sunset is on the left just before the summit of the hill, on the left.

For Atlantic Breezes – PL28 8LS – follow past Trevethan House and Sunset up the hill towards Newquay, and then Atlantic Breezes can be found on the right just after the left turn to Macdonalds farm